

See two states at once!

#### 4. Connecticut River



Access for canoes and kayaks, no fee, limited to ample parking depending on spot.

##### Canoe/Kayak Access, Guildhall, VT

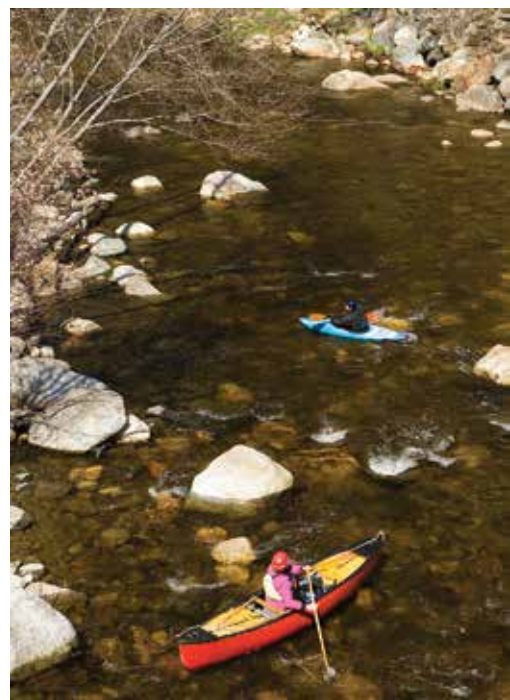
From Great Northwoods Welcome Center, travel on US Rte. 3N/US Rte. 2W for 0.6 miles. Take the first exit in roundabout to continue on US Rte. 3N for 5.2 miles. Turn left onto bridge crossing the Connecticut River into Guildhall, VT. Boat access will be on the left immediately after the crossing the bridge. Parking is limited. Travel time is approximately 11 minutes.

##### Rodgers Rangers Bridge, Lancaster, NH

From Great Northwoods Welcome Center, travel on US Rte. 3N/US Rte. 2W for 0.6 miles. Take the second exit in roundabout to continue on US Rte. 2W. Stay on US Rte. 2W for 0.8 miles. Boat access is on left through the parking lot of truck stop. Access will be next to bridge. There is ample parking. Travel time is approximately 6 minutes.

##### Mt. Orne Covered Bridge, Lunenburg, VT

From Great Northwoods Welcome Center, travel on US Rte. 3S/US Rte. 2E for .2 miles. Turn right onto NH Rte. 135S/Elm Street and continue for 5 miles. Cross the



© Jerry Monkman/EcoPhotography

Mount Orne Covered Bridge into Lunenburg, VT. Boat access will be on left immediately after crossing the bridge. Parking is limited. Travel time is approximately 10 minutes.

Excellent birding!

#### 5. Pondicherry, Silvio O. Conte National Fish & Wildlife Refuge



A nice trail through woods and marshland. Great for walking and biking. Very flat and accessible for people with mobility issues. Highly valued by birders. Viewing platform on edge of Cherry Pond with spectacular views of the presidential mountain range. A round trip to lookout platform is 5.2 miles. Additional trail options to Little Cherry Pond, and connection to Colonel Whipple Trail. Longer bike trail connects to the Presidential Rail Trail to Gorham. Limited parking. For more information see [www.friendsofpondicherry.org](http://www.friendsofpondicherry.org)

##### 143 Airport Rd., Whitefield, NH

From Great Northwoods Welcome Center, travel on US Rte. 3S/US Rte. 2E for 0.2 miles. Bear left onto US Rte. 2E and continue for 10.6 miles. Turn right onto NH Rte. 115S and continue an additional 5.4 miles. Turn right onto Hazen Rd./Airport Rd. and continue for 1.4 miles. Entrance to trailhead will be on right across from Whitefield Power and Light. Travel time approximately 24 minutes.

Beautiful beach!

#### 6. Forest Lake State Park



Swimming, boating, playground, shaded picnic area with grills. Permanent bathroom facilities and water faucets near picnic area. Level paths to beach. Ample parking area. No fee, no lifeguard, no dogs allowed.

##### 397 Forest Lake Road, Dalton, NH

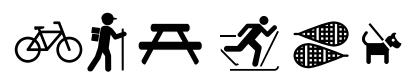
From Great Northwoods Welcome Center, travel on US Rte. 3S/US Rte. 2E for 0.2 miles. Stay right onto US Rte. 3S and continue for 8.2 miles. Turn right and continue on NH 116W/NH 142W for 2.5 miles. Turn right on Forest Lake Road and drive 1.5 miles where you will find the entrance to the park on your left. Total driving time will be approximately 19 minutes.



Photo by Tucker Evans

Panoramic views!

#### 3. Weeks State Park & Mount Prospect



Travel in the woods along the Around the Mountain Trail or reach Weeks State Park and the Weeks Estate by the auto road. Hiking and mountain biking during the spring, summer and fall and snowshoe or cross country ski during winter months. The Trail begins just beyond the gate on the right and continues around the base of Mount Prospect. Use caution as the trail is not blazed! Paved auto road brings you to the summit of the mountain where beautiful views are found as well as a fire tower. Dogs are allowed. No fee.

##### 202 Weeks State Park Road, Lancaster, NH

From Great Northwoods Welcome Center, travel on US Rte. 3S/US Rte. 2E for 0.2 miles. Stay right onto US Rte. 3S and continue for 2.4 miles. Turn left at the top of the hill onto Weeks State Park Rd. Parking area is on the right, with ample parking. Travel time approximately 5 minutes.



© Jerry Monkman/EcoPhotography

Longer route for good workouts!

#### 2. In-Town Loop



5.5 mile loop for walking, running or mountain biking along a mixture of paved, major routes and gravel roads. Steep terrain at the beginning, then downhill and flat. Use caution traveling along Prospect Street (Route 3) and Elm Street (Route 135).

##### 25 Main Street, Lancaster, NH

Park vehicle at Lancaster Town Office municipal parking lot at 25 Main Street. Begin walking/running/biking on US Rte. 3S for 1.4 miles. Turn right onto Stebbins Hill Road and continue for 1.1 miles to Buffalo Road on your right. Take Buffalo Road for 1.1 miles until it ends at NH Rte. 135 (Elm Street). Turn right onto NH Rte. 135 and continue for 1.9 miles until it ends at NH Rte. 3/NH Rte. 2 across from the Lancaster Town Office where you began. Travel time will vary depending on activity.



© Jerry Monkman/EcoPhotography

Many of our directions start at the Great Northwoods Welcome Center. The Center is open 9am-5pm every day from Memorial Day to Columbus Day. Here you will find a clean restroom, free Wi-Fi, a helpful staff person, and lots more information about what there is to do in Lancaster!

**Great Northwoods Welcome Center**  
25 Park St., Lancaster, NH 03584  
(603) 783-3212



Photo by Tucker Evans

Easy, short walk for everyone!

#### 7. Mud Pond, Silvio O. Conte National Fish & Wildlife Refuge



Mile-long boardwalk and gravel trail for walking. Trail is also wheelchair accessible. Mainly level ground with slight grades. Benches and lookout at the pond. Dogs allowed. Very interesting wetland features and plants. Wonderful for families and those with limited mobility. Ample parking.

##### NH Route 116, near Hazlenut Lane, Jefferson, NH

From Great Northwoods Welcome Center, travel on US Rte. 3S/US Rte. 2E for 0.2 miles. Bear left onto US Rte. 2E and continue for 6.4 miles. Turn right onto NH Rte. 116W continuing for another 2.7 miles. Entrance to the Silvio O. Conte Mud Pond Trail will be on your left. Travel time is approximately 14 minutes.

One mountain, two peaks!

#### 8. Cherry Mountain (Mount Martha & Owl's Head)



Hiking trail to summit of Mount Martha-3.8 miles round trip, moderate hiking. Connecting trail, Martha's Mile (0.8 miles one way) goes to Owl's Head summit. Ample parking. Consult a detailed topographic map and trail description such as AMC's White Mountain Guide and plan your trip using HikeSafe.com and Leave No Trace.

##### NH Route 115, Carroll (Twin Mountain), NH

From Great Northwoods Welcome Center, travel on US Rte. 3S/US Rte. 2E for 0.2 miles. Bear left onto US Rte. 2E and continue for 10.6 miles. Turn right onto NH Rte. 115S and continue an additional 7.8 miles to Trailhead parking on left. Travel time approximately 26 minutes.

This brochure has been made possible by the following generous sponsors:



This project was funded in part by a grant from the New Hampshire Charitable Foundation's Neil and Louise Tillotson Fund.

Thank you to the students of the Natural Resource Program at White Mountain Regional High School for assisting with this project.



Brochure prepared with assistance from the Northern Forest Center.



**Northern Forest Center**  
Thriving Communities & Healthy Forests

## Ready...Set...Explore!

There is so much to do when you visit Lancaster, NH and surrounding towns. Our landscape is filled with forests, water and wetlands, and great trails to help you enjoy it all. Read on for descriptions of places to explore including a National Wildlife Refuge, the White Mountain National Forest, and two State parks. We also offer in-town activities such as fun walks, public playgrounds, and favorite places to swim. Enjoy yourself and come again real soon!

Good fishing access!

#### 1. Burns Pond



Launch for small motor boats, canoes and kayaks. Small beach and grass area. Fishing can be done from shore or boats. Limited parking.

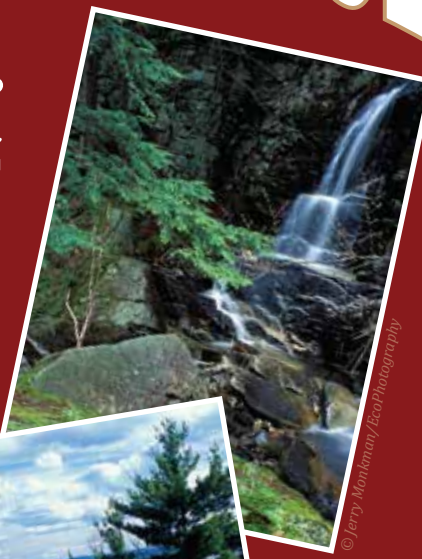
##### Burns Pond Boat Launch, Parker Rd., Whitefield, NH.

From Great Northwoods Welcome Center, travel on US Rte. 3S/US Rte. 2E for 0.2 miles. Stay right onto US Rte. 3S and continue for 8.2 miles. Turn right and continue on NH 116W/NH 142W for 1.7 miles then turn right onto Parker Road. Burns Pond access is approximately 1000 feet on left. Travel time is approximately 15 minutes.



Photo by Tucker Evans

# Welcome to Lancaster

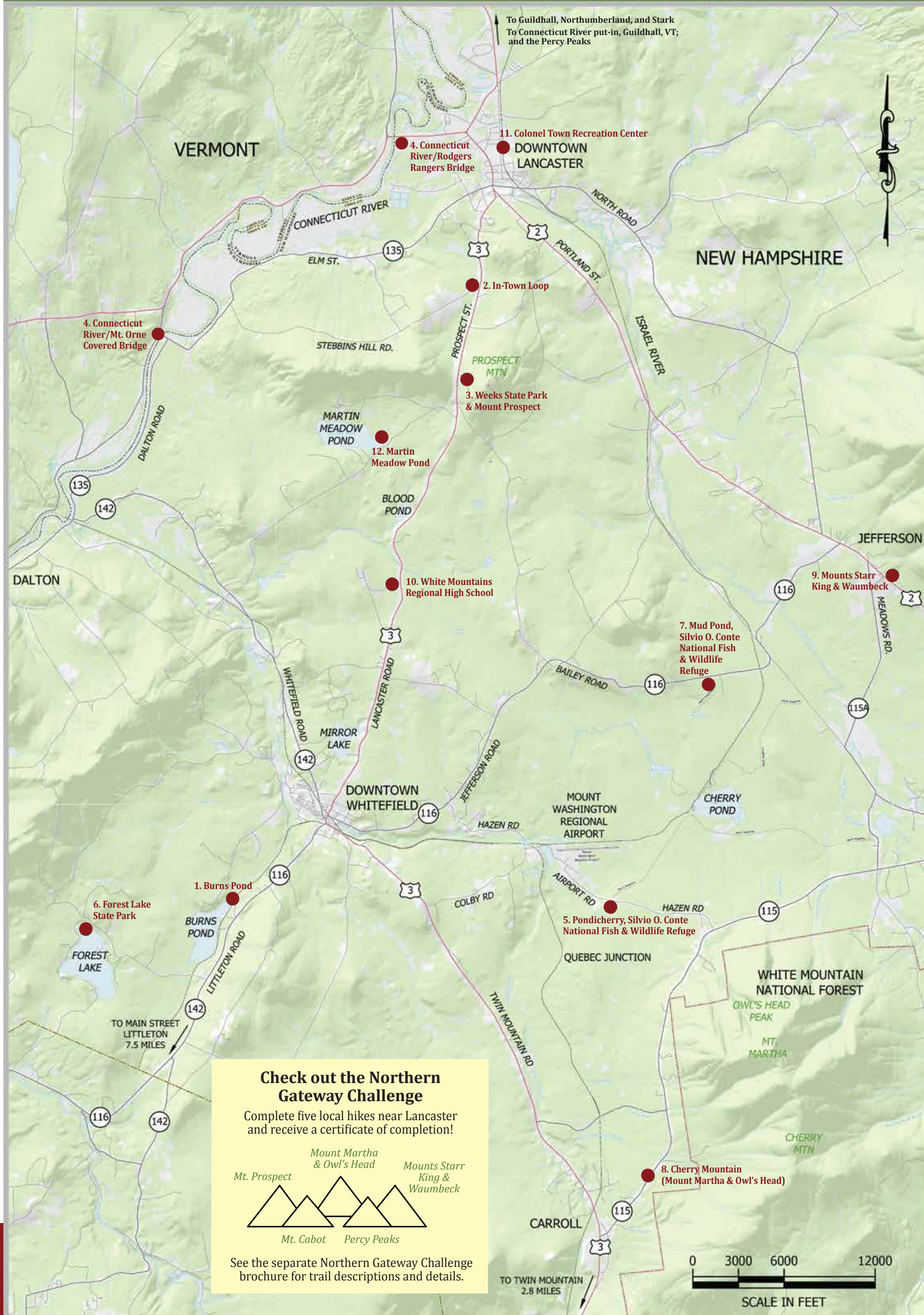


© Jerry Monkman/EcoPhotography



## Hike, boat, swim, and play in our backyard — the Great North Woods!

# Lancaster, New Hampshire Gateway to the Great North Woods



**Check out the Northern Gateway Challenge**  
Complete five local hikes near Lancaster and receive a certificate of completion!

See the separate Northern Gateway Challenge brochure for trail descriptions and details.

## Especially pretty fall foliage! 9. Mounts Starr King & Waumbek



Starr King and Waumbek are part of the Pliny Range, and offer a nice, wooded hike. 5.2 miles round trip to Starr King, and 7.2 miles for continuing on to Waumbek. Moderate to difficult. Waumbek is a wooded summit, but 4,006' in elevation. About 5.5 hours round trip and 2,600 feet in elevation gain. Consult a detailed topographic map and trail description such as AMC's White Mountain Guide and plan your trip using HikeSafe.com and Leave No Trace. Limited parking, some also available at the Waumbek and Old Corner Store.



## 38 Starr King Road, Jefferson, NH

From Great Northwoods Welcome Center, travel on US Rte. 3S/US Rte. 2E for 0.2 miles. Bear left onto US Rte. 2E and continue for 7 miles. Turn left onto Starr King Road and continue until reaching trailhead. Travel time approximately 12 minutes.

## All season easy trails!

### 10. White Mountains Regional High School



A variety of trails through the woods of the high school property. Great for walking and cross country skiing. Main trail is mowed in summer and groomed in winter.

### 127 Regional Road, Whitefield, NH

From Great Northwoods Welcome Center, travel on US Rte. 3S/US Rte. 2E for 0.2 miles. Stay right onto US Rte. 3S and continue for 5.5 miles, WMRHS is on the right. Park at high school entrance (outside of gate) or small access just north/before school entrance.

## Playground, fields, and pool!

### 11. Colonel Town Recreation Center



Two playgrounds, a soccer field, baseball and softball fields, three tennis courts, a pool and multiple bathrooms. Areas for picnicking throughout grounds. Seasonal or daily fee for pool use. Lifeguard on duty. Ample parking.

### 16 High Street, Lancaster, NH

From Great Northwoods Welcome Center, travel on US Rte. 3N/US Rte. 2W for 400 feet. Turn right onto High Street and continue for 300 feet. Community House will be on the left. Fields can be found by continuing to the intersection of Summer Street and turning left. Travel time approximately 2 minutes.

## All water sports!

### 12. Martin Meadow Pond



Boating, canoeing, kayaking, fishing and swimming (shoes recommended). Space for a picnic, portable bathroom, no fee, no lifeguard, pets allowed. Limited parking.

### 111 Martin Meadow Pond Road, Lancaster, NH

From Great Northwoods Welcome Center, travel on US Rte. 3S/US Rte. 2E for 0.2 miles. Stay right onto US Rte. 3S and continue for 3 miles. Turn right onto Martin Meadow Pond Road and continue for 1.1 miles. Boat launch and swimming area will be on your right. Travel time approximately 7 minutes.



Users of this map bear full responsibility and assume all risk for personal safety. Organizations associated with the brochure are not liable for personal injury or property damage while using the map or directions.

